Article title: UK Healthcare Workers' Experiences of Major System Change in Elective Surgery During the COVID-19 Pandemic: Reflections on Rapid Service Adaptation

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Authors' information: Georgina Singleton^{1,2}¶, Anna Dowrick³¶*, Louisa Manby4, Harrison Fillmore⁵, Aron Syverson⁴, Sasha Lewis-Jackson^{1,2}, Inayah Uddin^{1,2}, Kirsi Sumray4, Elysse Bautista-González^{4,2}, Ginger Johnson^{1,2}, Cecilia Vindrola-Padros^{1,2}

¶ Both authors contributed equally to this paper.

(*Corresponding authors: anna.dowrick@phc.ox.ac.uk)

Supplementary file 1. Topic guide

1. Background: Can you tell me about your role?

- Can you tell me a bit about your role? (e.g. Daily tasks, department, responsibilities)

2. Have you been in contact with patients who had suspected and/or confirmed COVID-19?

- *In what capacity?*
- How have you found working around these patients?
- PPE physical effects? (E.g. dehydration, discomfort, restriction in movement, difficulties communicating)
- How has PPE impacted the type of care you provide patients?
- What psychological/emotional impact did this have on you?

¹Department of Targeted Intervention, University College London, London, UK.

²Rapid Research Evaluation and Appraisal Lab (RREAL), University College London, London, UK.

³Nuffield Department of Primary Care Health Sciences, University of Oxford, Oxford, UK.

⁴Institute of Epidemiology and Healthcare, University College London, London, UK.

⁵Department of Anthropology, University College London, London, UK.

3. Could you briefly explain how Covid-19 has impacted on elective and emergency surgery at your health facility?

- How has this affected your normal daily tasks/responsibilities? Change of role?
- What tasks are you able to do more or less effectively?
- Has there been an impact on staff's ability to make diagnoses and act on them?
- Has the supply of drugs, equipment and PPE been affected?
- Have staff been redeployed from or within your health facility

4. What do you think about the initial decision to cancel or delay non-emergency surgeries?

- Was it made at the right time?
- How was the decision communicated to you?
- Did you express any concerns about the strategy and if so, were you listened to?
- Have any decisions during Covid-19 have been clinically-led by yourself or colleagues at your facility? Which?/Why not?
- What effect did this decision to delay/cancel surgeries have on care-seeking by patients?
- How do you think the delay or cancellation of surgeries will have impacted on patient outcomes and mental health?
- Have you felt that delaying or cancelling patients' surgeries has had an effect on your own mental health? In what way?

5. What were the preparedness strategies implemented locally (department, hospital or Trust)?

- Did you feel these strategies were enough?
- What do you feel was particularly successful?
- Should the Trust have prepared differently?
- Did you receive any training? (including but not limited to PPE training such as mental health and well-being training)
- Did you have access to guidance on PPE?

6. NHS England issued a six-week action plan to restart non-urgent Covid-19 care.

- Are you aware of the procedure for how and when services will restart at your health facility?
- What impact will this have on your role and your daily tasks?
- Are staff being given the opportunity to provide feedback and through what means?
- What do you think about the handling and coordination of this pandemic with regards to surgery? What was done well and what would have been improved?

7. Do you currently have any concerns or fears in relation to ...

- Restarting elective surgeries (timing, staffing, equipment, PPE, capacity, patient safety)
- Other work concerns (response efforts, PPE, services)
- The national effort
- 8. Over the past months, have you experienced any problems with aspects of your daily life such as sleeping, eating, concentration, or additional worries or anxiety?
- 9. Mental health support (to address risk of moral injury, trauma and developing severe mental health problems)
 - Are you aware of any support available for staff wellbeing and mental health?
 - Have you had the opportunity to talk about your mental health with your supervisor/team leader?
 - Have you had worrying experiences in the last week? Did you receive support after? If so, what type of support? (including formal and informal support)
 - Interactions between peers: Do you have time to socialise with your team? What has changed with COVID-19?
- 10. Is there anything else you would like to mention that you feel is important?