

**Supplementary file 4.** Characteristics of Studies Included in Phase 2 and Quality Assessment Results

<b>First author surname</b>	<b>Year of publication</b>	<b>Country where the study took place</b>	<b>Sector where the study took place</b>	<b>Study design</b>	<b>Quality assessment *</b>
Beeri	2009	UK	LA	Qualitative	***
Beeri	2012	UK	LA	Mixed-methods	***
Beeri	2013a, 2013b	Israel	LA	Mixed-methods	***
Beeri	2014	UK	LA	Quantitative	**
Chapman	2002	UK	Schools	Qualitative	***
Chapman	2004	UK	Schools	Qualitative	***
Ehren	2013	6 European countries	Schools	Qualitative	***
Finnigan	2012	USA	schools	Mixed-methods	**
Gorton	2014	UK	schools	Qualitative	***
Heck	2017	USA	schools	Quantitative	***
Rosenberg	2015	USA	schools	Mixed-methods	***
Jas	2005	UK	LA	Qualitative	***
Marsh	2017	USA	schools	Qualitative	***

Meyers	2018	USA	schools	Mixed-methods	***
Nicolaidou	2005	UK	schools	Qualitative	***
Perryman	2005, 2006	UK	schools	Qualitative	***
Mintrop	2007	USA	Schools	Quantitative	**
Parsons	2013	UK	schools	Quantitative	***
Rice	2012	USA	schools	Qualitative	***
Orr	2008	USA	schools	Qualitative	***
Turner	2004	UK	LA	Mixed-methods	**
VanGronigen	2019	USA	schools	Qualitative	***
Willis	2010	UK	Schools	Qualitative	***
Wilmott	1999	UK	Schools	Qualitative	***
Yapp	2007	UK	LA	Qualitative	***
Chang	2018	US	healthcare	Qualitative	***
Rose	2012	US	Healthcare	Qualitative	***
Curry	2011	US	Healthcare	Qualitative	***
Mannion	2005	UK	Healthcare	Qualitative	***
Werner	2008	US	Healthcare	Quantitative	***

Tsai	2015	US and UK	Healthcare	Quantitative	***
Hochman	2016	US	Healthcare	Qualitative	***
Gagliardi	2015	Canada	Healthcare	Qualitative	***
Aboumatar	2015	US	Healthcare	Quantitative	***
Brewster	2011	US	Healthcare	Qualitative	***
Mills	2008	US	Healthcare	Qualitative	***
Freed	2005	US	Healthcare	Qualitative	***
Allen	2019	UK	Healthcare	Quantitative	***
Boyd	2016	UK	Healthcare	Mixed-methods	***
Castro-Avila	2019	UK	Healthcare	Quantitative	***

MMAT quality assessment categories range from \* (lowest) to \*\*\*\* (highest).