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Authors' information: Luz María Peña-Longobardo*, Juan Oliva-Moreno
Faculty of Law and Social Sciences, University of Castilla-La Mancha, Toledo, Spain.
(*Corresponding author: Luzmaria.pena@uclm.es)

## Supplementary file 1

Table S1. Description of the variables of interest

| Variables of interest | Description in European Quality of Life Survey |
| :--- | :--- |
| On average, how many <br> hours per week are you <br> involved in any of the <br> following activities outside <br> of paid work? | Caring for disabled or infirm family members, neighbours or <br> friends under 75 years old; Caring for disabled or infirm family <br> members, neighbours or friends aged 75 or over |
| High Level of education | Short-cycle tertiary education; Bachelor or equivalent; Master <br> or equivalent; Doctoral or equivalent |
| Upper secondary or post- <br> secondary education; | Upper secondary education; Post-secondary non-tertiary <br> education |
| Lower secondary education <br> or below | Early childhood Education; Primary education; Lower <br> secondary education |
| Employed | At work as employee or employer/self-employed; Employed, <br> on childcare leave; Employed, on other special leave (e.g. <br> sickness; not holiday); In receipt of retirement pension and at <br> work as employee or employer/self-employed; At work as <br> relative assisting on family business or farm |
| Unemployed | Unemployed less than 12 months; unemployed 12 months or <br> more |
| Unable to work | Unable to work due to long-term illness or disability |
| Retired | Retired |
| Full-time homemaker | Full-time homemaker / fulfilling domestic tasks |
| Student | In education (at school, university, etc.) / student |
| Other employment situation | Other (NOT ASKED/NOT ON CARD) |

Table S2. Non-professional hours provided and value of non-professional care by country, with median wage. EUR 2016

| Country | Annual non-professional <br> caregiving value (total) | Annual average non- <br> professional caregiving value <br> (per caregiver) |
| :--- | :--- | :--- |
| Albania | $482.775 .392,79$ | $1.146,33$ |
| Austria | $6.152 .801 .439,47$ | $9.682,18$ |
| Belgium | $16.799 .709 .010,65$ | $6.798,18$ |
| Bulgaria | $1.241 .802 .501,60$ | $2.257,05$ |
| Croatia | $487.181 .825,36$ | $3.420,45$ |
| Cyprus | $4.202 .290 .750,00$ | $5.121,22$ |
| Czech Republic | $3.553,09$ |  |
| Denmark | $3.839 .432 .440,23$ | $5.380,39$ |
| Estonia | $5.201 .928 .206,26$ | $2.477,20$ |
| Finland | $126.529 .636 .048,64$ | $4.981,31$ |
| France | $323.868 .458,56$ | $8.212,82$ |
| FYR of |  |  |
| Macedonia | $292.004 .994,76$ | $2.066,23$ |
| Germany | $35.858 .917 .110,15$ | $6.863,93$ |
| Greece | $6.107 .364 .856,43$ | $5.033,54$ |
| Hungary | $2.458 .889 .396,67$ | $3.177,88$ |
| Ireland | $7.773 .221 .890,07$ | $13.208,04$ |
| Italy | $48.659 .438 .464,09$ | $6.113,21$ |
| Latvia | $1.117 .305 .081,28$ | $2.681,46$ |
| Lithuania | $1.103 .012 .354,00$ | $3.282,62$ |
| Luxembourg | $1.053 .366 .004,16$ | $10.767,97$ |
| Malta | $6.510,04$ |  |
|  | $4.088,45$ |  |
|  |  |  |


| Netherlands | $17.049 .310 .118,59$ | $6.180,74$ |
| :--- | :--- | :--- |
| Poland | $20.523 .825 .929,29$ | $5.120,86$ |
| Portugal | $2.095 .809 .631,96$ | $3.494,82$ |
| Romania | $7.894 .643 .212,24$ | $3.067,16$ |
| Serbia | $2.497 .087 .380,61$ | $2.009,49$ |
| Slovakia | $1.990 .993 .871,99$ | $4.080,75$ |
| Slovenia | $1.530 .652 .340,17$ | $5.610,63$ |
| Spain | $42.360 .708 .625,61$ | $6.960,33$ |
| Sweden | $4.939 .179 .119,96$ | $5.058,46$ |
| Turkey | $44.667 .178 .890,06$ | $5.767,97$ |
| United Kingdom | $98.457 .174 .845,55$ | $10.573,05$ |
| TOTAL | $\mathbf{5 1 6 . 3 3 5 . 6 5 0 . 1 5 9 , 6 6}$ | $\mathbf{6 . 7 7 8}, 51$ |

Source: Own elaboration

